


## PHYSICAL EDUCATION <br> Paper - II

1. The word 'Athlete" in Greek means
(A) A City State
(B) Money Maker
(C) Prize Seeker
(D) Race
2. Under whose control were the first Olympic games held?
(A) King George - I
(B) Theodosius
(C) Martin Luthar King
(D) King George - II
3. Match the following by using code :
List - I
I. Angle of attack
II. Scoop landing
III. Typhod grip
IV. T
1) Kho-Kho
2) Base ball
3) High Jump
4) Long Jump
5) Golf

Code :
| II III IV
(A) $1 \begin{array}{llll}1 & 2 & 5\end{array}$
(B) $3 \quad 2 \quad 4 \quad 5$
(C) $\begin{array}{llll}5 & 4 & 2 & 1\end{array}$
(D) $14 \begin{array}{llll} & 4 & 2 & 5\end{array}$

List - II
II. Variability
IV. Variance

## Code :

4. Match the following by using code given below :
List - I
I. Central tendency
III. Standard deviation

List - II

1) Variability of scores of a group around mean
2) Score that represents all the scores
3) Degree of difference between each individual score and the central tendency
4) Square of the standard deviation
5) Normal curve
(A) $2 \begin{array}{llll}2 & 1 & 3\end{array}$
(B) $1 \begin{array}{llll}1 & 2 & 3\end{array}$
(C) $2 \begin{array}{llll}2 & 3 & 1 & 4\end{array}$
(D) $24 \quad 4 \quad 5 \quad 3$
5. Which of the following is mechanical energy?
(A) Heat energy
(B) Solar energy
(C) Kinetic energy
(D) Nuclear energy
6. Salivary gland produces
(A) Adrenaline
(B) Ptyalin
(C) Pepsin
(D) Renin
7. Match the following by using code :

## List - I

List - II
I. Experimental psychology
II. Educational psychology
III. Clinical psychology
3) Deals with research
IV. Developmental psychology
4) Impart knowledge
5) Study child behaviour

## Code :

|  | I | II | III | IV |
| :--- | :--- | :--- | :--- | :--- |
| (A) | 4 | 2 | 3 | 5 |
| (B) | 3 | 4 | 1 | 2 |
| (C) | 4 | 3 | 1 | 2 |
| (D) | 3 | 1 | 4 | 2 |

8. Assertion (A) : Second wind in the ventilatory adjustment of the athletes to compete in long distance race.

Reasoning (R): On set of second wind causes distress that makes athletes to feel uneasy and force them to discontinue the race.

## Code :

(A) Both (A) and (R) are correct
(B) Both (A) and (R) are wrong
(C) (A) is correct but (R) is wrong explanation of (A)
(D) (A) is correct but (R) is right explanation of (A)
9. Write the correct sequence of the following :
I. Power sport
II. Endurance sport
III. Technical sport
IV. Combat sport

## Code :

(A) High Jump, Rowing, Diving, Judo
(B) Rowing, Diving, Judo, High Jump
(C) High Jump, Judo, Rowing, Diving
(D) Diving, High Jump, Rowing, Judo

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10. AAHPER fitness test consist of
(A) 4 test
(B) 3 test
(C) 6 test
(D) 5 test
11. If a student commit mistake teacher should
(A) Reinforce
(B) Punishment
(C) Complaint to parents
(D) Guide and counsel
12. Identify the sequential stages of human growth from early stage to later stage
(A) Childhood, Infancy, Adulthood, Adolescence
(B) Infancy, Childhood, Adulthood, Adolescence
(C) Infancy, Childhood, Adolescence, Adulthood
(D) Adulthood, Adolescence, Childhood, Infancy
13. Assertion (A) : The ticket price of sport events are primarily a demand of the spectator for tickets.

Reasoning ( $\mathbf{R}$ ): Average income of the spectator in the area in which the event held.

## Code :

(A) (A) is correct ( R ) is wrong
(B) (R) is correct but (A) is wrong
(C) Both (A) and (R) are correct and (R) is true explanation of (A)
(D) Both (A) and (R) are correct and (R) is not the true explanation of (A)
14. Write the correct sequence of the criteria with the code given below :
I. Degree of uniformity
II. Test-retest
III. Standards
IV. What ought to measure

## Code :

(A) Objectivity, Reliability, Norms, Validity
(B) Objectivity, Reliability, Validity, Norms
(C) Norms, Objectivity, Reliability, Validity
(D) Objectivity, Norms, Validity, Reliability

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15. Assertion (A) : Load beyond Normal level is required for better Adaptation.

Reasoning ( $\mathbf{R}$ ): Adaptation is not a fundamental feature of any living organism.

## Code :

(A) Both (A) and (R) are correct
(B) Both (A) and (R) are wrong
(C) (A) is correct and (R) is wrong
(D) (A) is wrong and (R) is correct
16. Assertion (A) : Too much of craze and involvement of money is spoiling the game of cricket.

Reasoning (R): Lack of ethics and philosophy of sports is the reason behind it.

## Code :

(A) (A) is wrong and (R) is correct
(B) Both $(A)$ and ( $R$ ) are wrong
(C) (A) is correct but (R) is wrong explanation of (A)
(D) (A) is correct but (R) is correct explanation of (A)
17. Assertion (A) : In league tournament the byes are given in a sequential order.

Reasoning (R): In the elimination tournament with four quarters byes are given quarter wise.

## Code :

(A) Both (A) and (R) are correct but (R) is not correct explanation
(B) (A) is correct but (R) is wrong
(C) (A) is wrong but (R) is correct
(D) Both (A) and (R) are correct
18. Which of the following is correct?
(A) Pie-chart, histogram, bar diagram, graphical representation
(B) Range, quartile deviation, standard deviation, Mean
(C) Type I error, Type II error, null hypothesis, Linear regression
(D) Normal scale, ordinal scale, ratio scale, 't' test

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19. The lever function is based on
I. Joint
II. Bone
III. Muscle
IV. Blood
(A) I, IV and II are correct
(B) I, IV and III are correct
(C) III, I and II are correct
(D) II and III are correct
20. Match the following by using code :

## List - I

I. Gynaecoid type
II. Anroid type
III. Thyroid type
IV. Lymphatic type

1) Apple shaped
2) Race horse

List - II
3) Cuddly baby doll
4) Hunchback
5) Oestrogen dominance

## Code :

I II III IV
(A) $\begin{array}{lllll}5 & 1 & 2 & 4\end{array}$
(B) $3 \quad 1 \quad 2 \quad 4$
(C) 51123
(D) $4 \quad 2 \quad 3 \quad 5$
21. Which of the following is not correctly matched?
(A) An imaginary surface : plane through which a movement takes place
(B) An imaginary surface : Horizontal plane, which devides the body into superior and inferior part
(C) An imaginary surface : sagittal plane which devides the body right and left parts
(D) An imaginary surface : sagittal plane, which devides the body plane into anterior and posterior aspects
22. Skewness may be
l. Positive
II. Negative
III. Flat
IV. Bell shaped
(A) I and IV are correct
(B) II and III are correct
(C) I and II are correct
(D) I and III are correct
23. Match the following by using code :

List - I
List - II
I. Combat

1) Fear
II. Repulsion
2) Love
III. Escape
3) Disgust
IV. Mating
4) Anger
5) Frustration

## Code :

|  | I | II | III | IV |
| :--- | :--- | :--- | :--- | :--- |
| (A) | 1 | 3 | 2 | 4 |
| (B) | 4 | 3 | 1 | 2 |
| (C) | 5 | 2 | 4 | 3 |
| (D) | 3 | 4 | 1 | 5 |

24. Quartile deviation is uninfluenced by the upper and lower 25 percent of the scores
(A) Correct
(B) Wrong
(C) A and B are wrong
(D) None of the above
25. Which is the man made health hazard?
(A) Radioactive radiation
(B) Land slides
(C) Forest fire
(D) Tsunamy
26. Match the following by using code :
List - I
List - II
I. Margaria Kalaman
1) Cardiovascular
II. Treadmill
2) Reaction time
III. Cooper's
3) Anaerobic power
IV. Chronometer
4) Cardiorespiratory endurance
5) Aerobic power

## Code :

(A) $2 \quad 5 \quad 3 \quad 4$
(B) $3 \quad 4 \quad 1 \quad 2$
(C) $\begin{array}{llll}5 & 3 & 4 & 1\end{array}$
(D) $4 \quad 5 \quad 3 \quad 2$

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27. Match the following by using code :

## List - I

I. Basketball

1) Pinch
II. Chess
2) Screeming
III. Cricket
3) Castle
IV. Baseball
4) Blind spot
5) Let

## Code :

I II III IV
(A) $3 \quad 2 \quad 4 \quad 5$
(B) $2 \quad 3 \quad 4 \quad 1$
(C) $2 \begin{array}{llll}2 & 3 & 1 & 4\end{array}$
(D) $4 \quad 5 \quad 1 \quad 2$
28. Which of the following statement is not correct?
(A) Physique is the primary dimension of human personality
(B) Emotional dimension of an individual singularly determines the personality
(C) Human personality loses its meaning of conceived without the mental and intellectual dimension
(D) Sociability is a very important dimensions of personality
29. Match the following by using code :

## List - I

I. Drug increase alertness
II. Inhibitation of pain sensation
III. Testosterone hormone
IV. Stimulatory response
5) Sensation

## Code :

(A) $4 \quad 2 \quad 3 \quad 1$
(B) $3 \quad 2 \quad 5 \quad 1$
(C) $\begin{array}{llll}4 & 1 & 2 & 3\end{array}$
(D) $4 \quad 3 \quad 2 \quad 1$
30. Arrange the following as per the sequence
(A) Right Atrium, Right Ventricle, Left Atrium, Lungs, Left Ventricle
(B) Right Ventricle, Right Atrium, Left Ventricle, Lungs, Left Atrium
(C) Lungs, Left Atrium, Left Ventricle, Right Ventricle, Right Atrium
(D) Right Atrium, Right Ventricle, Lungs, Left Atrium, Left Ventricle
31. Find out sequence for calculating ' $t$ ' ratio.
I. $\sigma$
II. $\bar{X}$
III. SE
IV. Mean difference

## Code :

(A) $\bar{X}, \sigma$, Mean difference, $S E$
(B) $\sigma, \bar{X}$, SE, Mean difference
(C) Mean difference, $\bar{X}, \sigma$, SE
(D) $\bar{X}, \sigma, S E$, Mean difference
32. Positive correlation between two variable means
(A) Both the variables move in the opposite direction
(B) Both the variable move in the same direction
(C) High correlation between two variables
(D) Low correlation between two variables
33. Kurtosis refers to
(A) A research tool
(B) Name of pioneer in scientific research
(C) Statistical analysis method
(D) Characteristic of a normal probability curve
34. Factors associated with cohesion are
(A) Team satisfaction and social support
(B) Individual performance and team ranking in competition
(C) Social support and team ranking in competition
(D) Team satisfaction and individual performance
35. Elementary school curriculum should stress on
(A) Fund education
(B) Moment education
(C) Skill education
(D) Awareness education
36. The last link of sports management chain is
(A) Public relation
(B) Control and evaluation
(C) Finance and Budget
(D) None of the above
37. Assertion (A) : Betting and spot fixing are killing the beauty of the cricket game.

Reasoning (R): Legalising the betting is the only way to save the cricket game.

## Code :

(A) Both (A) and (R) are correct
(B) Both (A) and (R) are wrong
(C) (A) is correct but (R) is wrong explanation of (A)
(D) A is correct but (R) is correct explanation of (A)
38. Assertion (A) : Children carrying school bags on their back is the reason for hunchback.

Reasoning (R): Use of unscientific teaching models in schools leads to hunchback.

## Code :

(A) Both (A) and (R) are wrong
(B) (A) is correct and (R) is not correct explanation
(C) (A) is correct and ( R ) is the right explanation
(D) (R) is correct and (A) is wrong
39. Write the correct sequence of the following :
(A) Exploration, orientation, verbal explanation, demonstration
(B) Orientation, verbal explanation, demonstration, exploration
(C) Demonstration, verbal explanation, orientation, exploration
(D) Verbal explanation, demonstration, orientation, exploration
40. Write the correct sequence of the following research terms by using appropriate code given below :
I. Boundary of research
II. Constraints of research
III. Intelligent guess
IV. Uses of research

## Code :

(A) Delimitation, Hypothesis, Limitations, Significance
(B) Delimitation, Limitation, Hypothesis, Significance
(C) Limitation, Delimitations, Hypothesis, Significance
(D) Delimitation, Limitations, Significance, Hypothesis
41. Blood is purified in the human body by
(A) Carbon dioxide
(B) Nitrogen
(C) Oxygen
(D) Hydrogen
42. Constipation is due to
(A) Less functioning of large intestine
(B) Over eating
(C) Less intake of water
(D) More intake of water
43. Match the following by using code below :
List - I
List - II
I. Kabaddi

1) Bunker
II. Taping
2) Snooker
III. Cue
3) Kho-Kho
IV. Golf
4) Scissors
5) Dunk

## Code :

(A) $\begin{array}{llll}4 & 3 & 2 & 1\end{array}$
(B) $\begin{array}{llll}5 & 4 & 3 & 1\end{array}$
(C) $13 \quad 3 \quad 4 \quad 2$
(D) $\begin{array}{llll}4 & 5 & 3 & 2\end{array}$

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44. Match the following by using code below :

## List - I

I. Concentration
II. Mental imaginary
III. Group dynamics
IV. Attitude

## List - II

1) Feeling together
2) Consciousness
3) Rehearsal of competition
4) Predict behaviour
5) Aggressive behaviour

## Code :

|  | I | II | III | IV |
| :--- | :--- | :--- | :--- | :--- |
| (A) | 5 | 4 | 3 | 1 |
| (B) | 2 | 1 | 4 | 3 |
| (C) | 2 | 3 | 1 | 4 |
| (D) | 1 | 5 | 2 | 4 |

45. Assertion (A) : Digestion takes place in intestines after stomach.

Reasoning ( R ): It is due to peristaltic movement of the intestine.

## Code :

(A) (A) and (R) are correct
(B) (A) is correct
(C) (A) is wrong
(D) Both (A) and (R) are correct but (R) is not correct explanation

Read the following passage and answer the questions from Q. No. 46 to Q. No. 50.

Professionalism in sports is one of the major reasons of violation of Olympic ideals till Avery Brundage, the then President of International Olympic Committee remained at the helm of affairs, professionalism in all sports were kept out of Olympic games and the Olympic spirit was kept intact. The moment he went away from the scene, professionalism invaded Olympic Games. Further not only the participants and coaches, even the organizers are now fully professional since lot of money is involved. Nations compete with each other with cut-throat competitions to host the Olympic Games or other International Competitions with sole aim of earning money and gaining political mileage at the international level. Lots of scams have been unearthed where the members of the International Olympic Committee, who were to vote for the allotment of venue of Olympic Games had been paid heavy bribes. This kind of practice of getting Olympic venue allotted has polluted the whole atmosphere of fair play and sportsmanship. It shows that money has entered in the sports arena in a big way.

Professionalism among sportspersons coaches, federations, national Olympic associations, etc., has given birth to another evil i.e. doping in sports. Under the prevailing circumstances competitive sports participation no more provides health the primary objective of sports. It has become a health hazard due to excessive use of doping by the sportspersons all over the world. All sorts of unethical tricks and tactics are being adopted with sole aim of winning a medal. In view of the above mentioned facts one can easily draw out inferences that the ancient Olympic games continued for more than 700 years, but it is doubtful of modern Olympic games will survive even 200 years. At present the net result is that Olympic spirit is declining and nobody knows its bottom line.
46. The pulse of the author in the above passage is
(A) Comments of Olympic Spirit
(B) Decline of Olympic Spirit
(C) Both A and B are true
(D) None of the above
47. 'Advent of professionalism in sport disturbed the spirit of Olympics'. The people responsible for this are
(A) Coaches
(B) Sportspersons
(C) Organizers
(D) All of the above
48. 'Fair Play' and Sportsmanship were distracted due to
(A) Money
(B) Bribing IOC members
(C) Only B is correct
(D) Both A and B are correct
49. 'Doping in Sports,' begun due to
(A) Professionalism in sport
(B) Higher achievement in sport
(C) Health hazard
(D) None of the above
50. The ancient Olympics distinguishes from that of modern Olympics is
(A) Winning motto
(B) Doping in sports
(C) Spirit of the games were well protected
(D) All of the above
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Space for Rough Work

## Space for Rough Work

